



NEWS RELEASE

Monday, April 4, 2016

Public Guardian and Trustee

PGT wins WellnessFits award

Vancouver – The Public Guardian and Trustee (PGT) has been recognized as one of the best and brightest in workplace health after taking home a top award at the Canadian Cancer Society's recent WellnessFits Extra Mile Awards night.

The PGT captured the Top Senior Management Support Award, which recognizes an organization that has displayed exceptional support for workplace healthy initiatives.

The Canadian Cancer Society applauded the PGT's efforts to cultivate a healthy workplace culture through strong support of employee health:

"Congratulations, Public Guardian and Trustee, on being named the winner of the Top Senior Management Special Recognition Award at the 2016 WellnessFits Extra Mile Awards. You've demonstrated excellence and a high level of quality in the development of a workplace wellness program."

Supported by the PGT's executive team, the Health and Wellness Committee has enhanced health and wellness in the workplace through the creation of a Health and Wellness guide and eLearning modules for all employees to ensure consistent messaging around the PGT Health and Wellness program. The committee has created a physical space for onsite yoga, supported staff in the Sun Run in Vancouver and BMO 10K run in Kelowna, offered First Aid training in Victoria, provided bike workshops in Vancouver and so much more.

The PGT was also nominated for a second award, just missing out on taking home the Health Education Award, given to a business that implements an excellent education strategy throughout the course of their workplace wellness program. Over the course of the last year, the PGT's WellnessFits Campaign featured a range of activities, challenges, training and other information sharing. Each week a special focus area was featured through the WellnessFits portal site, challenges were emailed weekly to participating staff, a PGT wellness blog was created and activities such as dedicated training sessions, Ted Talks, yoga sessions, posters and more were promoted and supported.

Congratulations to the Health and Wellness Committee and to all employees who have enthusiastically embraced health and wellness in the workplace.

About the Public Guardian and Trustee

The Public Guardian and Trustee (PGT) is a corporation sole established under the *Public Guardian and Trustee Act* with a unique statutory role to protect the interests of British Columbians who lack legal capacity to protect their own interests. The mandate of the PGT is to:

- Protect the legal and financial interests of children under the age of 19 years;
- Protect the legal, financial, personal and health care interests of adults who require assistance in decision making; and

- Administer the estates of deceased and missing persons.

The PGT served approximately 27,700 clients during 2014/15 and administered almost \$877 million of client trust assets. For more information see the PGT website at www.trustee.bc.ca.

Media contact

Pieter Uni
Communications Officer
604.660.4474